

# Rae's Hand Hemming Stitch

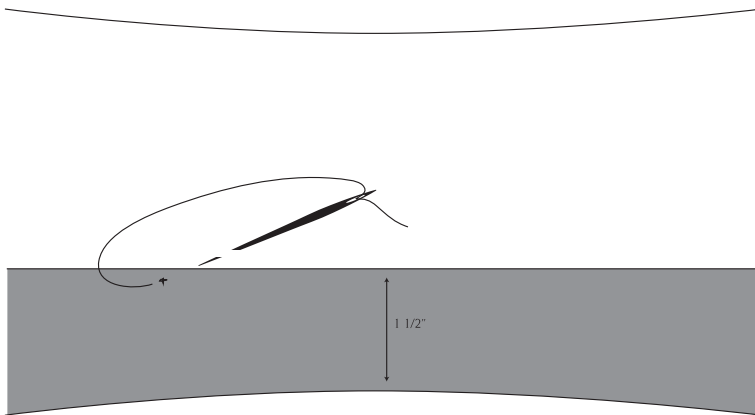
## Catch Stitch – Our favorite hand hemming stitch

Thread a needle with all purpose thread that matches your garment. Knot one end securely.

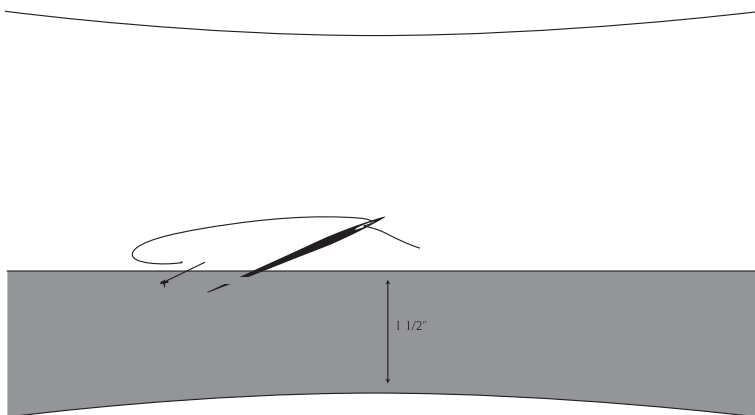
Fold up the hem allowance and pin in place.

Working from the wrong side of the garment:

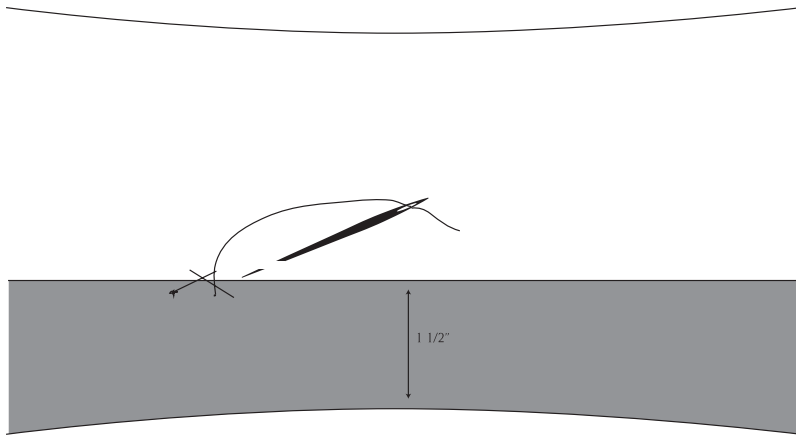
- Take a stitch in the hem allowance to secure the knot.



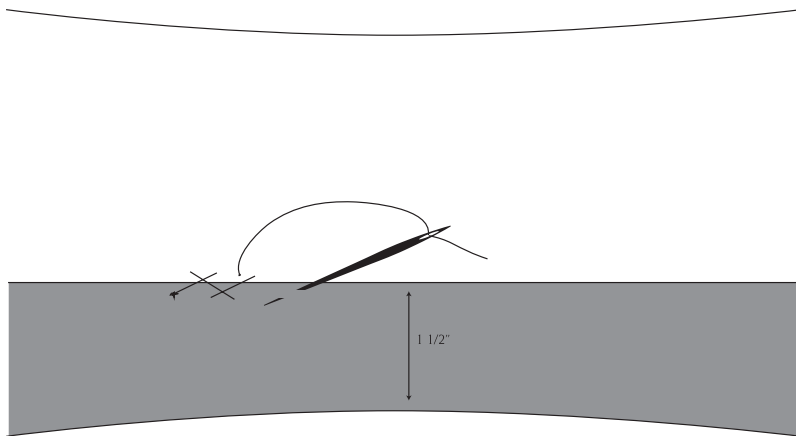
- Take a small stitch from right to left, parallel to the hem allowance but just above it in the garment.



- Then take a stitch from right to left into the hem allowance at least  $\frac{1}{4}$ " to the right of the first stitch.



- Repeat the sequence with stitches into the garment, then into the hem allowance until you have stitched the entire hem.



- Securely knot your thread when you have finished.